



## Employee Benefits Health Education Series

JULY 2009

### Pain Management July Awareness Presentation



When: Friday, July 31, 2009  
Time: 11:00—12:00 p.m.  
Location: City Hall  
City Commission Room—3rd Floor



**TO: All Employees**

**Our mission is to promote health awareness and to encourage healthy lifestyles**

**Agenda:  
Conditions  
Types and Symptoms  
Treatment  
Risk Factors**

**On behalf of the Benefits Department and in conjunction with Interventional Treatment Institute, we will offer the venue of a wellness experience.**

**We realize our employees are always looking for unique and inspiring educational health networking and that's where we come in. As health care expenses continue to increase, it is important to focus on strategies that reduce the prevalence and cost of preventable diseases. Our efforts are designed to encourage our employees to become more aware of risk factors that are adversely affecting their health and productivity.**

**Employees will receive health tips to take home and a plan for taking better care of themselves. Just imagine an incentive reward and a wellness event all in one.**

**Please make plans to attend.**

**For more information, please contact the Benefits Office at 681-1400.**