

CITY OF McALLEN  
PARKS AND RECREATION DEPARTMENT

GOLDEN AGE OLYMPICS  
SWIMMING

Rules and Regulations

**DIVISIONS:** MEN & WOMEN

50 - 59

60 - 64

65 - 69

70 - 79

80 + \*

\* DETERMINED BY # REGISTERED

**EVENTS:**

50-YARD FREESTYLE

25-YARD FRONT CRAWL

25-YARD BACKSTROKE

25-YARD BREASTSTROKE

25-YARD SIDESTROKE

PARTICIPANTS CAN ENTER ANY/ALL EVENTS.

RIBBONS WILL BE AWARDED FOR EACH EVENT.

ACCUMULATED POINTS IN BEST OF 3 EVENTS WILL DETERMINE 1ST, 2ND, & 3RD PLACE. HIGH POINT WINNERS WILL RECEIVE MEDALS.

HEATS / AGE DIVISION MAY BE COMBINED TO FILL UP LANES.

EVENTS WILL BE COMPLETED IN ONE DAY WITH ADEQUATE BREAKS IN BETWEEN.