

# MINIMUM STANDARD HEALTH PROTOCOLS



## CHECKLIST FOR ALL YOUTH CLUBS

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***Youth Clubs, such as Boy Scouts, Girl Scouts, TOP Teens (of TOP Ladies of Distinction), FFA, and Girls Inc., may hold meetings. Meetings held indoors should not exceed more than 10 individuals at any time, provided 6 feet of distance between individuals is maintained; staggering meetings to comply with the 10 individual limit is encouraged.***

*The following are the minimum recommended health protocols for all youth clubs choosing to hold meetings in Texas, such as Boy Scouts, Girl Scouts, TOP Teens (of TOP Ladies of Distinction), FFA, and Girls Inc.. Youth clubs may adopt additional protocols consistent with their specific needs and circumstances to help protect the health and safety of all employees, volunteers, contractors, and participants. It is advisable to meet in the largest facility available.*

*The virus that causes COVID-19 can be spread to others by infected persons who have few or no symptoms. Even if an infected person is only mildly ill, the people they spread it to may become seriously ill or even die, especially if that person is 65 or older with pre-existing health conditions that place them at higher risk. Because of the hidden nature of this threat, everyone should rigorously follow the practices specified in these protocols, all of which facilitate a safe and measured reopening of Texas. The virus that causes COVID-19 is still circulating in our communities. We should continue to observe practices that protect everyone, including those who are most vulnerable.*

*Please note, public health guidance cannot anticipate every unique situation. Youth clubs should stay informed and take actions based on common sense and wise judgment that will protect health and support economic revitalization. Youth clubs should also be mindful of federal and state employment and disability laws, workplace safety standards, and accessibility standards to address the needs of both workers and participants.*

### Health protocols for your employees, volunteers, and contractors:

- Train all employees, volunteers, and contractors on appropriate cleaning and disinfection, hand hygiene, and respiratory etiquette.
- Screen employees, volunteers, and contractors before coming into the youth club:
  - Send home any employee, volunteers, or contractor who has any of the following new or worsening signs or symptoms of possible COVID-19:
 

|   |  |
|---|--|
| – Cough                                       | – Sore throat  |
| – Shortness of breath or difficulty breathing | – Loss of taste or smell   |
| – Chills                                      | – Diarrhea   |
| – Repeated shaking with chills                | – Feeling feverish or a measured temperature greater than or equal to 100.0 degrees Fahrenheit |
| – Muscle pain                                 | – Known close contact with a person who is lab confirmed to have COVID-19                      |
| – Headache                                    |  |
  - Do not allow employees, volunteers, or contractors with new or worsening signs or symptoms listed above to return to the youth club facility until:
    - In the case of an employee, volunteer, or contractor who was diagnosed with COVID-19, the individual may return to work when all three of the following criteria are met: at least 3

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days (72 hours) have passed *since recovery* (resolution of fever without the use of fever-reducing medications); and the individual has *improvement* in symptoms (e.g., cough, shortness of breath); and at least 10 days have passed *since symptoms first appeared*; or

- In the case of an employee, volunteer, or contractor who has symptoms that could be COVID-19 and does not get evaluated by a medical professional or tested for COVID-19, the individual is assumed to have COVID-19, and the individual may not return to work until the individual has completed the same three-step criteria listed above; or
  - If the employee, volunteer, or contractor has symptoms that could be COVID-19 and wants to return to work before completing the above self-isolation period, the individual must obtain a medical professional's note clearing the individual for return based on an alternative diagnosis.
- Do not allow an employee, volunteer, or contractor with known close contact to a person who is lab-confirmed to have COVID-19 to return to the youth club facility until the end of the 14 day self-quarantine period from the last date of exposure (with an exception granted for healthcare workers and critical infrastructure workers).
- Have employees, volunteers, and contractors wash or sanitize their hands upon entering the youth club facility.
- Have employees, volunteers, and contractors maintain at least 6 feet of separation from other individuals. If such distancing is not feasible, other measures such as face covering, hand hygiene, cough etiquette, cleanliness, and sanitation should be rigorously practiced.
- If a youth club provides a meal for employees, volunteers, contractors, and/or participants, youth clubs are recommended to have the meal individually packed for each individual.
- Consistent with the actions taken by many employers across the state, consider having all employees, volunteers, and contractors wear cloth face coverings (over the nose and mouth). If available, employees, volunteers, and contractors should consider wearing non-medical grade face masks.

### Health protocols for your facilities:

- If 6 feet of separation is not available between employees, volunteers, contractors, and/or participants inside the facility, consider the use of engineering controls, such as dividers between individuals, to minimize the chances of transmission of COVID-19
- Regularly and frequently clean and disinfect any regularly touched surfaces, such as doorknobs, tables, chairs, and restrooms.
- Disinfect any items that come into contact with individuals.
- Make hand sanitizer, disinfecting wipes, soap and water, or similar disinfectant readily available to employees, volunteers, contractors, and participants.
- Consider placing readily visible signage at the youth club facility to remind everyone of best hygiene practices.
- Consider having an individual wholly or partially dedicated to ensuring the health protocols adopted by the youth club are being successfully implemented and followed.