



FOR IMMEDIATE RELEASE

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Take Precautions: Extreme Heat Expected Today
Heat Advisory in effect as dangerously high temperatures and humidity create hazardous conditions

The City of McAllen is urging residents to take extra precautions today as a Heat Advisory will be in effect for the Rio Grande Valley from 11:00 a.m. to 6:00 p.m. According to the National Weather Service, dangerously high temperatures combined with elevated humidity levels may produce heat index values of up to 115 degrees.

City officials encourage all residents to limit outdoor activities during the hottest part of the day, stay hydrated, wear lightweight clothing, and monitor family members, friends, and neighbors who may be especially vulnerable to extreme heat.

Particular attention should be given to older adults, infants and young children, individuals with chronic medical conditions, outdoor workers, and those without reliable access to air conditioning. Residents are encouraged to make a phone call, send a text message, or visit vulnerable neighbors and loved ones to ensure they are safe and coping with the extreme temperatures.

To help residents stay cool, the City encourages the public to utilize air-conditioned public facilities during operating hours:

McAllen Public Library | 4001 N. 23rd Street

- Monday - Thursday: 9:00 a.m. - 9:00 p.m.
- Friday - Saturday: 9:00 a.m. - 6:00 p.m.
- Sunday: 1:00 p.m. - 9:00 p.m.

Lark Community Center | 2601 Lark Avenue

- Monday - Thursday: 8:00 a.m. - 8:00 p.m.
- Friday: 8:00 a.m. - 5:00 p.m.
- Saturday: 9:00 a.m. - 3:00 p.m.
- Sunday: Closed

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Las Palmas Community Center | 1921 N. 25th Street

- Monday - Thursday: 8:00 a.m. - 8:00 p.m.
- Friday: 8:00 a.m. - 5:00 p.m.
- Saturday - Sunday: Closed

Palm View Community Center | 3401 Jordan Road

- Monday - Thursday: 8:00 a.m. - 8:00 p.m.
- Friday: 8:00 a.m. - 5:00 p.m.
- Saturday: 9:00 a.m. - 3:00 p.m.
- Sunday: Closed

Residents should also remember:

- Drink plenty of water, even if you do not feel thirsty.
- Never leave children, older adults, or pets unattended in vehicles.
- Take frequent breaks if working outdoors.
- Know the signs of heat exhaustion and heat stroke.
- Seek immediate medical attention if someone experiences confusion, loss of consciousness, or symptoms of heat stroke.

The City of McAllen will continue to monitor conditions and share updated information as needed. Residents are encouraged to stay informed through official City communication channels and local weather updates.

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About the City of McAllen

Founded in 1904 and incorporated in 1911, the City of McAllen has grown from a small agricultural community into one of the most vibrant and fastest-growing cities along the U.S.–Mexico border. Known as the “City of Palms,” McAllen serves as a hub for international trade, retail, tourism, and culture in the Rio Grande Valley. Today, the city employs more than 2,600 dedicated public servants across 41 departments, delivering essential services to a community of more than 150,000 residents. McAllen city leaders remain committed to transparent governance, fiscal responsibility, and enhancing quality of life through innovation, infrastructure, and community engagement. For more information, visit www.mcallen.net and follow us on social media @cityofmcallen